



*We envision a province where women with substance use issues are well supported in their communities to have healthy pregnancies and healthy families.*

## 2016-17 ANNUAL REPORT



### 10 Year Evaluation

Alberta PCAP is currently in its 10th year of being the Government of Alberta's program of choice for FASD prevention. For the 10 Year Evaluation of the FASD 10 Year Strategic Plan, programs will complete a PCAP Fidelity Assessment survey, Penelope data objectives and outcomes will be reviewed, and training evaluations will be reviewed and updated as necessary. Additionally, an in depth history project will be conducted to further describe PCAP's development in Alberta based on the Washington model, and its positive impact on the province.

### Representing PCAP Women

Alberta PCAP endeavors to represent the accurate and complete stories and experiences of the women of PCAP. This year, the PCAP Women's Quilt was presented at multiple events and thank you gift bags were made up and delivered to the women who participated in its creation.

Dr. Dorothy Badry and PCAP Council are working on disseminating their findings. You can find presentations from PCAP Council that include the quilt at the Issues of Substance and Alberta FASD Conference in Fall 2017.

### Trainings

During the past year, PCAP delivered essential trainings to supervisors and mentors, including:

ASI Training in Edmonton with:

- 21 participants on April 19-20, 2016
- 10 participants on October 11-12, 2016

PCAP Core Training in Edmonton and Calgary with:

- 10 participants on September 14-16, 2016
- 21 participants on September 21-23, 2016

A PCAP refresher training is currently being developed with contracted trainers to create new relevant learning modules.

PCAP Trainers met in Edmonton on February 21, 2017 to reflect on previous trainings and provide feedback for the updates to the PCAP Core Training. Trainers also reviewed the PCAP Manual Training List, which was then updated at the PCAP Council level.

### PCAP Council and Committees

The Alberta PCAP Council meets bimonthly to discuss matters important to the maintenance and continuation of PCAP and PCAP programs across the province. They met on April 11, 2016, June 13, 2016, Sept 12, 2016, November 14, 2016, January 9, 2017, and March 13, 2017.

Alberta PCAP Committees include the Training Team, Training Committee, Finance Committee, and Data Oversight Committee, which met at various times as needed.

## Communications

The Council Administrator develops and distributes quarterly newsletters sharing programs successes, upcoming opportunities, event highlights, and resources. This spring, we have also started sending monthly updates of relevant opportunities to our mailing list. These newsletters contribute to connecting geographically spread out programs and promoting connectedness within the community. This year, a special edition newsletter was created, celebrating 10 years of PCAP and PCAP programs.

## New Members Website

A new Members Website will be launching soon. It will include the usual relevant member resources and will add online-payment capabilities, making it easier to purchase or renew your PCAP membership.

## Learning Events

June 9, 2016: Alana Peters presented "The Daring Way," a research-based workshop discussing empathy and compassion, at the 2016 Annual General Meeting.

March 10, 2017: Supervisors met for an all day gathering in Edmonton, AB and discussed programs supports and organization structures.

March 27-28, 2017: Mentors Days took place in Edmonton, AB, and received presentations from Dr. Thomas Barker on "Being a Self-Care Leader," Michelle LaRue on "Raising and Responding to Sensitive Topics", and Carey Lai on "Crystal Meth and Other Prescription Drugs."

## Supervisors Teleconference

The Supervisors teleconference takes place each month to provide peer and professional support. Those who call in are able to ask questions, share concerns, and celebrate successes in a safe environment.

## Your Alberta PCAP Council

Co-Chair: Jailin Threinen, Program Supervisor, HFC and HFHF  
Co-Chair: Kenda Dodds, Independent  
Vice-Chair: Stacey Olstad, Program Director Family Services, CAFCL  
Secretary: Bev Towe, Mothers-to-Be Mentor, Lakeland Centre for FASD  
Treasurer: Ashley Baxter, Manager, FASD Programs, Bissell Centre  
Director: Anita Anderson, FASD Network Coordinator, MSGC  
Director: Benjamin Maze, PCAP Supervisor, Alberta Health Services/FHHV  
Director: Evelyn Okoh, Mentor, North East Alberta FASD Network  
Director: Pam van Vugt, PCAP Programs Supervisor, McMan Calgary  
Director: Tammi Crowley, Program Supervisor, Catholic Social Services  
Director: Wanda Beland, Executive Director, NWR FASD Society  
Banker: Linda West, Executive Director, HFHF  
Provincial Coordinator: Kristin Bonot  
Quality Assurance Analyst: Keith Covey  
Administrative Assistant: Laudine Herzog

## Data Repository

Penelope strives to incorporate ethical and complete data collection. The Quality Assurance Analyst performed regular maintenance checks, and assisted with closing files for graduated and outdated clients. The Data Oversight Committee worked on the following projects: Canadianizing intake forms, implementing a 0-month biannual, and providing regular data reports to contributors to view the progress and necessity of data collection.

The Data Oversight Committee and PCAP Council developed a report in November, 2016 for Alberta Health on preliminary outcomes using data from Penelope. This report was also distributed to programs via e-mail.

We implemented "Tableau" software which will assist with data analysis to provide clear statistics and overview of the effectiveness of the PCAP program. This contributes to informing funders and research.

Programs had the opportunity to apply for additional funding to support extra data entry hours. 6 programs participated in funding to support extra data entry hours. 80 clients and 430 documents were added to Penelope.

## Program Surveys

The Data Oversight Committee has updated the current program surveys to be more user-friendly and relevant to the program. This survey will act as a client satisfaction survey that can be completed annually. The new program survey combines elements from the FASD-CMC's Strategic and Operational Plan and the Advocate-Client Relationship Inventory.

## A Special Thank You

To Rhonda deLorme, Administrator, who has moved on to pursue other exciting opportunities; and,

To Linda West, Banker, who is retiring from Healthy Families Healthy Futures.

Thank you for all your contributions!