



2018-19 ANNUAL REPORT

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Alberta **PCAP** Council
Parent Child Assistance Program

New Intake Form

The Alberta PCAP Council contracted Nancy Poole and Julie Stinson of the Centre of Excellence for Women's Health to conduct an in-depth review of the Addiction Severity Index (ASI) intake part A and Exit forms over the past year. It was concluded by the Alberta PCAP Council based on this review and program feedback that the ASI part A and Exit will no longer be a mandatory intake document used by the Alberta PCAP model.

The ASI Intake Part B has been retained and moved within the mentor case file to complete as a pregnancy outcome indicator.

A new Intake Form has been launched to better fit the needs presented in the review process. The new Intake Form is still open for review.

Supervisors Teleconference

The Supervisors teleconference continued to take place on the second Tuesday of the month to provide peer and professional support. Those who call in are able to ask questions, share concerns, and celebrate successes in a safe environment.

Trainings

During the past year, PCAP delivered essential trainings to supervisors and mentors, including:

PCAP Core Training in Edmonton and Calgary with:

- 18 participants on May 16-18, 2018
- 15 participants on October 17-19, 2018

ASI Training in Edmonton with:

- 15 participants on June 26-27, 2018

An online Refresher Training has been launched to provide the PCAP frontline with the ability to renew their PCAP Core qualifications at their own pace, 12-18 months after taking the in person Core training. This training is accompanied by on-site Refresher Trainings tailored to the group.

PCAP Council and Committees

The Alberta PCAP Council meets bimonthly to discuss matters important to the maintenance and continuation of PCAP and PCAP programs across the province. They met on April 9, June 11, August 13, October 22, December 10, 2018, and February 11, 2019.

The Alberta PCAP Committees include the: Training Team, Training Committee, Events Committee, Human Resources and Personnel Committee, Finance Committee, and Data Oversight Committee, who met at various times as needed.

Communications

The Council administrator developed and distributed four quarterly newsletters to the PCAP community on April 24, July 31, October 31 2018, and January 31, 2019. The newsletters highlighted programs in sections such as PCAP Around the Province and Sharing Success of PCAP, in addition to FASD Awareness Day recaps, and useful information to the community. A mail-out was also distributed at the beginning of each month with information of relevant opportunities.

The Alberta PCAP Council's Provincial Coordinator presented on the Alberta PCAP program at the FASD Prevention Summit in Toronto on November 5, 2018.

The Alberta PCAP model was included in a joint report by the Representative for Children and Youth in collaboration with the BC Ministry of Children and Family Development titled "Promoting Access to Breastfeeding in Child Welfare Matters."

Learning Events

The 2018 PCAP Annual General Meeting was held on June 25, 2018 with 25 attendees representing 18 programs across the province. Kim Thai and Pam van der Meulen presented on Children and Family Service in Alberta. In the afternoon Denise Bradshaw lead a discussion on the Addiction Severity Intake (ASI) form and gathered feedback from programs.

In March 2019, the Alberta PCAP Council provided 7 PCAP programs with a subsidy to create and host their own Creative Women's Activity that allowed the participants to creatively express their experiences with the PCAP program.

Your Alberta PCAP Council

Co-Chair: Jailin Bertolin, Program Supervisor, Healthy Families Healthy Future

Vice-Chair: Stacey Olstad, Program Director Family Services, Camrose Association for Community Living

Secretary: Bev Towe, Mothers-to-Be Mentor, Lakeland Centre for FASD

Treasurer: Ashley Baxter, Director, Community Programs and Services, Bissell Centre

Director: Anita Anderson, FASD Network Coordinator, Métis Settlements General Council

Director: Pam van Vugt, PCAP Advocate

Director: Tammi Crowley, Program Supervisor, Catholic Social Services

Director: Vanessa Caplette, PCAP Advocate

Director: Wanda Beland, Executive Director, NWR FASD Society

Banker: Brandy Berry, Executive Director, Healthy Families Healthy Futures

Provincial Coordinator: Kristin Bonot/Benita Smit, interim.

Quality Assurance Analyst: Keith Covey

Administrative Assistant: Laudine Herzog

Data Repository

Penelope strives to incorporate ethical and complete data collection. The Quality Assurance Analyst performed regular maintenance checks, and assisted with closing files for graduated and outdated clients. The Data Oversight Committee worked on the following projects: reviewing the ASI form and implementing the new Intake Form, updating the Client Transfer Form and guidelines, reviewing program fidelity, and piloting an online client satisfaction survey.

The Committee provided data to the Centre of Addictions and Mental Health on FASD indicators and medical conditions collected by the ASI and biannual forms.

The Alberta PCAP Council conducted a voluntary survey of PCAP programs to gather information on staffing, community types served, and funding sources to better understand program structure and reporting requirements.

Tableau became operational and the QA has been able to begin extracting data from Penelope and is currently working with PolicyWise to streamline our analytics and metrics for quality assurance and data validity.

A Special Thank You

To Evelyn Okoh and Wendy Bouwman Oake, Council Directors, who have moved on to pursue other exciting opportunities.

To the 11 PCAP programs who made up our 2018-19 PCAP membership, AGM voting body, and contributed to our operations for the year.

Thank you for your contributions!