

Resource Lists for PCAP Programs – Websites

Maternal Health:

Government of Alberta - Living in Alberta and Becoming a Parent

tinyurl.com/goa-becomingaparent

Alberta Health Services - Pregnancy and Childbirth Services

www.albertahealthservices.ca/findhealth/search

1. Choose Programs & Services
2. Choose Service Type
3. Select “Pregnancy and Childbirth”
4. Select city or type in postal code
5. Click “Search”

Alberta Health Services: Enhanced Services for Alberta- Help Kit Program

Calgary Contact (403) 297-3071

Edmonton Contact (780) 427-2736

Grand Prairie Contact (780) 538-6330

Healthy Choices in Pregnancy from BC Centre of Excellence in Women’s Health

www.coalescing-vc.org/virtualLearning/section6

Canada Prenatal Nutrition Program Projects Directory – search by Province

tinyurl.com/cpnpp-province-search

University of Victoria, Human and Social Development: Substance Using Women with FASD and FASD Prevention, Project Lead: Deborah Rutman

tinyurl.com/substance-use-fasdprevention

University of Washington PCAP Program

depts.washington.edu/pcapuw

Lactation Services

tinyurl.com/lactationservices

BC Centre for Excellence in Women’s Health – Coalescing on Women and Substance Use

www.coalescing-vc.org

Alberta Abortion Clinics:

Calgary and Area www.kensingtonclinic.com

Edmonton and Area www.womanshealthoptions.com

Mentorship:

Alberta Home Visitation Network

www.ahvna.org

Enhancing Motivational Change in Substance Abuse Treatment

store.samhsa.gov/product/TIP-35-Enhancing-Motivation-for-Change-in-Substance-Abuse-Treatment/SMA13-4212

Talking with Women about Alcohol and Pregnancy with Christine Urquhart

http://fasd.alberta.ca/documents/Sept_28_2011.pdf

<https://youtu.be/OS0hdhJZamo>

Alberta Child and Youth Home Visitation Guidelines

https://www.ahvna.org/pdfs/home_visiting_guidelines_final_november-2004.pdf

Fetal Alcohol Spectrum Disorder (FASD):

Alberta Government Cross Ministry Committee on FASD

www.fasd.alberta.ca

Local Service Networks Across Alberta

<http://fasd.alberta.ca/service-networks.aspx>

Federal Government FASD Website

www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/fasd-etcaf/index-eng.php

Lakeland Centre for FASD – Resources page

lcfasd.com/resources-about-fasd

Blog: Girls Women, Alcohol and Pregnancy

fasdprevention.wordpress.com/about

FASD Support Network of Saskatchewan, a Parent Led Organization to Provide Support to People With FASD and their Families and Circles of Support

www.skfasnetwork.ca/home

Brain Development and the Effects of Trauma and Neglect:

Dr. Bruce Perry and the Child Trauma Academy

childtrauma.org/cta-library

Dr. Gabor Maté

drgabormate.com

Early Childhood Services:

Public Health Agency of Canada, Aboriginal Head Start

Urban and Northern Communities:

www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/ahsunc-papacun

Reserve: www.hc-sc.gc.ca/fniah-spnia/famil/develop/ahsor-papa_intro-eng.php

Government of Alberta, Early Childhood Services (ECS)
education.alberta.ca/early-childhood-education

Addiction Services in Alberta:

Addictions and Mental Health Treatment Services in Alberta
www.albertahealthservices.ca/amh/amh.aspx

Addictions and Substance Abuse Services
www.albertahealthservices.ca/findhealth/search

1. Choose Programs & Services
2. Choose Service Type
3. Select “Addictions and Substance Abuse”
4. Select city or type in postal code
5. Click “Search”

Self Help Groups – Addiction:

Alcoholics Anonymous (AA) Meeting Lists
edmontonaa.org/find-a-meeting Edmonton and Area
www.calgaryaa.org Calgary and Area
www.usrecovery.info/AA/Alberta.htm All Alberta AA Districts

Narcotics Anonymous (NA) Meeting List
www.chinookna.org Calgary and Area NA Meetings
www.eana.ca/index.php Edmonton and Area Meetings

Cocaine Anonymous (CA) Meeting List
www.ca-ab.org Southern Alberta Meetings
www.ca-northab.org Northern Alberta Meetings

Gamblers Anonymous (GA) Alberta Meetings
www.albertaga.net/index.php

Food and Housing:

Low Cost, Affordable or Subsidized Housing Projects in the Province
www.housing.alberta.ca/522.cfm

Alberta Food Banks
foodbanksalberta.ca/food-banks

Women’s Shelters
www.acws.ca/shelters

Homeless Nation – Blog by and for homeless individuals and families in the Province
homelesshub.ca/resource/homeless-nation-homepage

Alberta Human Services: Find a Shelter
humanservices.alberta.ca/homelessness/14633.html

Finances:

Income Supports for Albertans
www.alberta.ca/income-support

Assured Income for the Severely Handicapped (AISH)
www.alberta.ca/aish

AISH Benefits Administration Program
www.alberta.ca/help-incapable-adults

Persons with Developmental Disabilities (PDD)
humanservices.alberta.ca/disability-services/pdd.html

Family Supports for Children with Disabilities (FSCD)
humanservices.alberta.ca/disability-services/14855.html

Justice:

Legal Aid Alberta
www.legalaid.ab.ca

Office of Public Trustee
humanservices.alberta.ca/guardianship-trusteeship.html

Alberta Court System
www.albertacourts.ab.ca

Aboriginal and Métis Albertans:

Native Counseling Services
www.ncsa.ca/online

Métis Nation of Alberta
albertametis.com

Aboriginal Affairs and Northern Development Canada
www.aadnc-aandc.gc.ca

First Nation Child and Youth Services Agencies
www.child.alberta.ca/home/517.cfm

City Publications and Services:

Calgary and Area: Addictions Services Guide
www.calgaryaddiction.com/pages/service-provider-information.php

Calgary Youth Services Guide
www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-Services-Guide.aspx

Calgary Street Survival Guide
www.frfp.ca/parents-resources/crisis-support/street-survival-guide/Street-Survival-Guide.pdf

Edmonton Tough Times Handbook
tinyurl.com/uAlberta-toughtimeshandbook

Boyle Street Community Organization - Edmonton
www.boylestreet.org

Personal Stories and Experiences:

Darla Parsons, Living With FASD, as a Person, as a Parent
fasd.alberta.ca/documents/June_30_2009.pdf
<https://youtu.be/Qnt49T5VZ90>

Living with FASD: Myles Himmelreich
https://youtu.be/6QgZKkv_Pck

Reframing Life with FASD: Candace Degroot
<https://youtu.be/w2YoX6sfUGY>

Training:

Alberta Home Visitation Network Association (AHVNA)
www.ahvna.org

Early Childhood Support Services Ltd (ECDSS)
www.ecdss.ca

Crisis Prevention Institute (CPI)
www.crisisprevention.com

Safety Planning for the Service Provider with Teresa O’Riordan
fasd.alberta.ca/documents/Oct_26_2011.pdf
<https://youtu.be/CMqNlnaxRBw>

Centre for Suicide Prevention

suicideinfo.ca/Training/AlbertaWorkshops.aspx

Freedom of Information Protection and Privacy

www.servicealberta.ca/foip

Car Seat Safety Program

www.albertahealthservices.ca/services.asp?pid=service&rid=1009058

Car Seat Safety

www.albertahealthservices.ca

Alberta Family Law

www.albertacourts.ab.ca/fjs/flic.php

Government of Alberta Human Services: Children and Youth, Family Violence Prevention

humanservices.alberta.ca/abuse-bullying/14839.html

Penelope

www.penelope441.wordpress.com

Research:

Alberta Centre for Child, Family & Community Research: Resources

policywise.com/browse-resources

Canada Northwest FASD Research Network

www.canfasd.ca